



## RECREATION & INSTRUCTIONAL CLINIC BASKETBALL PROGRAMS

*in cooperation with the USR Recreation Commission*

REGISTRATION IS NOW OPEN. To register go to  
<https://go.teamsnap.com/forms/371730>

### RECREATION BASKETBALL PROGRAM

The USR rec basketball program is back and ready to build upon the great success of the program last winter.

There will be 3 rec leagues for each of boys and girls. 3<sup>rd</sup>/4<sup>th</sup> grade, 5<sup>th</sup>/6<sup>th</sup> grade, 7<sup>th</sup>/8<sup>th</sup> grade. Teams will compete both within Upper Saddle River and with the neighboring towns in the Highlands District. There will be weekly practices and approximately 10 games throughout the season.

Registration for our Recreation Basketball League is \$200 for **Grades 3-8**. The program will start in early December and run through early March. Your coach will contact you before the start of the season.

Both parents and high school students are encouraged to volunteer for coaching positions, as we are always short coaches.

*Any questions pertaining to our recreation basketball league should be directed to [scottkramer23@gmail.com](mailto:scottkramer23@gmail.com).*

### INSTRUCTIONAL CLINICS

There is an Instructional Clinic program for **Grades K-2**, held on Saturdays beginning in mid-December and ending mid-March. The registration fee for clinics is \$175 per child.

*Any questions pertaining to our clinic program should be directed to Kevin Casey at [caseykevinm@gmail.com](mailto:caseykevinm@gmail.com).*

Registration for rec basketball closes Sunday, November 15<sup>th</sup>, 2023